

SARA CANO  
PRESENTS



# PALO SECO

danza contemporánea  
de raíz flamenca



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(STRAIGHT OUT)

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TERESA NIETO  
GLORIA MONTESINOS  
HÉCTOR GONZÁLEZ  
ELISA SANZ

*"Goes in depth and inside you,  
to the deepest within you,  
your soul"*

Kazuo Onho





PALO  
SECO

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*“An artist has no need to imitate anyone. He simply puts his hand on his heart and studies “it”. The “it” that comes from him says it all. He should not let praise get to his head, nor be put off by criticism. He can foresee the future, perceive new worlds within their chaos, and when that new road is seen in the distance, very far away, as a miniscule light, he must make sure not to be frightened by the darkness surrounding him. He must always continue, albeit sometimes he stumbles and falls. He must not worry; he must adapt and proceed because a fall is useful even for the greatest maestros”.*

Giuseppe Verdi, la voz del pueblo.



## ABOUT THE SHOW

“A Palo Seco” [‘Straight Out’] is the name of my first individual show, in which I take to the stage for the first time as a performer and choreographer. Through it, I attempt to embark on a journey of personal soul searching, in which research and experimentation are at the foundation used to reformulate my dance, conceived from the visceral aspects of Spanish dance and the conceptual aspects of contemporary dance. Beyond categorisation, it is a genuine and personal dance. A Palo Seco is the beginning of a journey towards a personal evolution, always gazing towards the future but without losing grasp of tradition, in the arduous search for originality.

This show is derived from the short play entitled A Palo Seco, a solo performance by me, which won first prize for Solo Choreography in the XXIII Contest of Spanish Dance and Flamenco in Madrid July 2014, an award for best Musical Composition for Spanish Dance, Suma Flamenco Award 2015, and an Exchange Award for companies invited to International Contests.





# STRUCTURE OF THE SHOW

A Palo Seco deals with the idea of change, the process of metamorphosis to find a creative place of one's own, through a journey in time and body, staged in three solos or main scenes, articulated in turn by various transitional scenes. The opening scene KAI (Change) searches for similarities between the kimono and the tailed gown, or the use of the fan in flamenco and Kabuki theatre. After this approach, I embark on a retrospective journey without tempo (Sintempo), a solo which musically departs from Andalusian folklore and goes far into the past to reach the origins of flamenco and the primitive Andalusian folk songs while also exploring the depths of the body through concepts inherent to butoh dance. This journey comes to an end at the return to the present in the third scene, A Palo Seco, a solo in which the dance flows freely beyond forms and conventions.

The principles on which this show is founded are those of transforming, reconstructing, and reshaping the forms and concepts typical of flamenco, and experimenting with them using tools from other dance forms and concepts. Both contemporary dance and Butoh are used to find a new creative space, as well as flamenco and contemporary, old and modern, visceral and conceptual. All in all, it is the search for personal and timeless work.





## KAI (CHANGE)

KAI is a Japanese term meaning change and the title of this solo. It is a symbol of the journey starting with the search for my own metamorphosis. The life of butterflies, symbol par excellence of this process, is the very script giving expression to the four stages in the event from birth to death. The process is told through such genuinely Spanish elements as the tailed gown and the fan but applied in turn from Japanese Aesthetics, inspired by the ancient Japanese illustrations.





# SINTEMPO

In Sintempo, I stir in this broth of music and dance amongst the pre-flamenco, the essence, images, and moments that inspired me, to keep them and take them to the present, and find, through them, a new hybrid dance form. I intend to research my own bodily, conceptual and choreographic limitations to be able to talk about the passing of time, the timeless, the old and the modern, the fast, the slow, the static, the permanent and the ephemeral, sensations and reactions, all the things that I feel within.

The first version of SINTEMPO was chosen as finalist in the first edition of Me, Myself & I, a contest for fledgling soloists, a proposal for the Choreographic Platform Pasa2 as part of the 28th Choreographic Contest in Madrid.



# A PALO SECO

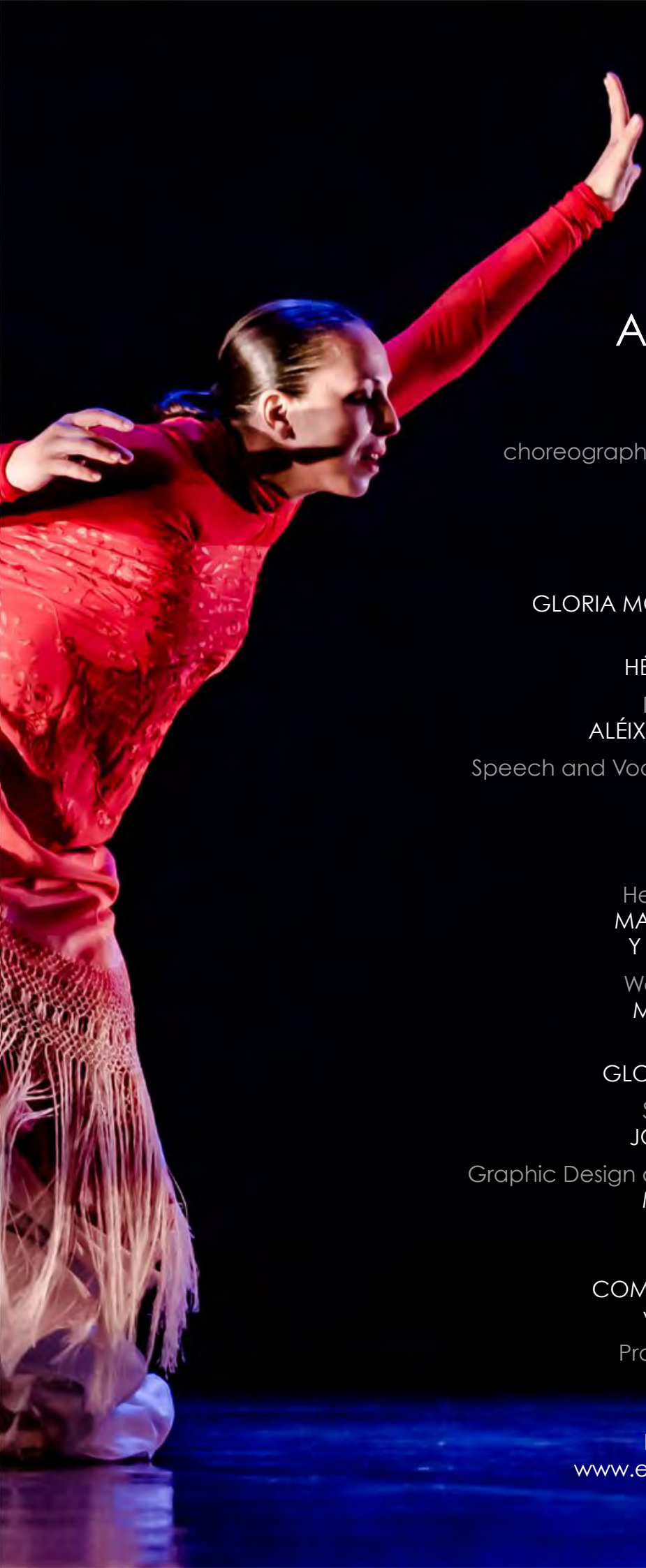
A Palo Seco, without embellishments and adornments, without wanting to be anyone else but myself, that's how I search within myself for the essence of my being, and I let myself be taken to the place where I can be free, and where the energy and movements flowing from flamenco dance take me beyond forms and conventions. That's how I can say that I dance, dance and nothing else... And what can I do but be carried away? And what can I do but allow this to happen to me and convey my feelings and emotions to you who are here with me... You who are witnessing, that, finally, I am allowing myself to be born.

Through the search for personal risk and choreographic experimentation, elements such as the difference in dynamics, the awareness of horizontality and verticality, the breach with directness, the fall and recovery, and the weight and support are mixed with gravity, restrained energy, the climax and the rhythmical dance.

A Palo Seco was awarded First Prize at the XXIII Spanish Dance and Flamenco Contest held in Madrid in July this year for Solo Choreography, and a Prize for Best Musical Composition for Spanish Dance, Suma Flamenco Prize 2015 and an Exchange Prize for companies invited to International Contests.







# FICHA ARTÍSTICA

Artistic director,  
choreographer and performer  
SARA CANO

Stage Director  
TERESA NIETO

Light Designer  
GLORIA MONTESINOS (A.A.I.)

Original Music  
HÉCTOR GONZÁLEZ

Pre-existent Music  
ALÉIX TOBÍAS (COETUS)

Speech and Vocal Arrangements  
ALBERTO FUNES

Wardrobe Design  
ELISA SANZ

Heads of Wardrobe  
MAYKA CHAMORRO  
Y DOLORES DURÁN

Wardrobe Paintings  
MARÍA CALDERÓN

Light Technician  
GLORIA MONTESINOS

Sound Technician  
JORGE DÍAZ "ROY"

Graphic Design and Photography  
MARCOSGPUNTO

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# SARA CANO

Artistic director, choreographer, and performer of eclectic training

Sara Cano is a dancer and choreographer whose styles straddle from contemporary dance to Spanish dance, folklore and flamenco. Graduated as choreographer and performer of contemporary dance from the Higher Conservatory of Dance Maria de Avila of Madrid. As a professional dancer, she has formed part of companies such as Teresa Nieto in Company, the Antonio Gades Foundation, Iberica Dance, Malucos Dance, and Cortés the Gypsy Company, as well as having formed part of the musical "Enamorados Anónimos" ['Anonymous Lovers'] by Blanca Li and Javier Limón.

As a choreographer, her work is focused on the search for a language of her own, half Spanish and half contemporary. With A Palo Seco Redux, she was awarded first prize for Solo Choreography in the XXIII Spanish Dance and Flamenco Contest, and a prize for best Musical Composition (Héctor González), Suma Flamenco Prize and an Exchange Prize for companies invited to International Contests.





## ALBERTO FUNES

Live speech and  
vocal arrangements

Alberto Funes holds a degree from the Cristobal de Morales Conservatory in Seville. He has been trained in the world of Flamenco folk songs with maestros such as El Pele, Marina Heredia and Antonio Gomez "El Colorao". Currently, he is studying Flamenology at the Higher Conservatory of Cordoba, Rafael Orozco.

He has worked for companies such as the National Ballet of Cuba, Suite Española, Selene Muñoz, the Spanish Ballet Theatre Rafael Aguilar, as well as participating in the 2010 Shanghai EXPO and the musical "Enamorados Anónimos" ['Anonymous Lovers'] by Javier Limon and Blanca Li.

He prepared the live speech and vocal arrangements for Sara Cano's A Palo Seco, a choreography presented at the XXIII Choreography Contest for Spanish Dance and Flamenco, awarded with a prize for Best Musical Composition for Spanish Dance in 2014.

# TERESA NIETO

Stage director

Teresa Nieto's career path in the field of Spanish dance as a dancer, choreographer and director of Teresa Nieto in Company, a benchmark for contemporary Spanish dance, goes back more than two decades. She has also participated in various performances for other companies, such as the National Ballet of Spain, Belen Maya, Rafaela Carrasco and many others. Her choreographic style is nurtured by contemporary dance and the most current trends of flamenco.

She has been awarded the Culture Prize by the Community of Madrid (2002), National Dance Prize (2004), Villa Prize of Madrid (2007), as well as three Max Awards for Best Feminine Dance Performer (2007, 2009, and 2013), two Max Awards for Best Choreography (2009 and 2013), and a Max Award for Best Dance Show (2013).

# GLORIA MONTESINOS

Light Designer

Belonging to the Light Designer Association (A.A.I). In the field of dance she has worked for the National Ballet of Cuba, the National Ballet of Spain, the National Dance Company, the Andalusian Dance Centre, Teresa Nieto in Company, Metros-Ramon Oller, Provisional Dance, 10&10 Dance, Rafaela Carrasco, Chanta La Mui, Belen Maya, Olga Pericet, Manuel Liñan, Arrieritos, New Spanish Ballet, Introdans etc.

Nominated for the "Butaca" Prize for Best Light Design. She has also received two Scenic Arts Awards by the Community of Valencia for Best Light Design (2003 and 2004).



# HÉCTOR GONZÁLEZ

Original music and sound space

Amongst his most important work for dance productions are the ones created for Teresa Nieto in Company, Rojas and Rodríguez, Angel Corella, Arrieritos, Manuel Liñan and Daniel Doña. Amongst his most important audio-visual work are the soundtracks for the short film *Efímera* ['Mayfly'] (2012) by Diego Modino, with which he received the honourable mention as Best Soundtrack at the V Cinema Festival in Castilla-La Mancha, 2014.

He also received a prize by the Academy of Musical Science and Arts as Author of the Year (2011), and an award for Best Musical Composition for Spanish Dance for *A Palo Seco* by Sara Cano at the XXIII Choreographic Contest for Spanish Dance and Flamenco (2014).

# ELISA SANZ

Wardrobe designer

Elisa Sanz is a graduate of scenography from the Royal School of Drama Arts in Madrid (2002), as well as having received a scholarship to obtain a European Master in Scenography from the Central Saint Martins College of Arts and Design in London, and the School of Arts in Utrecht, the Netherlands. She has worked in more than a hundred productions of theatre, dance, opera and musical since 1993. More than 20 years of experience is a testament to her professionalism. In dance she has worked with 10&10 Dance, Aracaladanza, Teresa Nieto in Company, and Rafael Carrasco.

She has been awarded four Max Prizes for Best Wardrobe (2004, 2008, 2011 and 2012), two Max Prizes for Best Scenography (2004 and 2008), two Fetén Prizes for Best Wardrobe (2000 and 2005), a prize for creativity by the City of Burgos (20012), and the Adriá Gual de Figurinismo Prize (2011).





  
PALO  
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